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# ***PERINATAL SUBSTANCE ABUSE SERVICES IN CALIFORNIA***

**We have over 18 years of progress in  
building and supporting perinatal  
programs for pregnant and  
parenting women.**

## ***1986 - Alcohol and Drug Program Goals***

- **Establish a media campaign and pilot projects for comprehensive services to benefit pregnant and parenting women.**
- **Establish local coalitions for prevention of perinatal alcohol and drug use.**
- **Provide cross training of health and social services providers.**

## ***1989 – Progress and Building***

- **State Interagency Task Force (SITF) was formed to address the AOD treatment needs of pregnant and parenting women.**
- **State budget provided funding to create the county-level *Options For Recovery* (OFR) Pilot Program.**
- **ADP started its media campaign and cross training of services providers.**

## ***1990 – Progress and Building***

- **The SITE and ADP's Office of Perinatal Substance Abuse (OPSA) were established in California statute.**
- **The OFR Pilot Program was expanded to include more counties.**

# ***1991 - Progress and Building***

- **The Perinatal Treatment Expansion Initiative (PTEI) increased perinatal substance abuse services statewide.**
- **\$15 million in general funds under PTEI for program expansion, and \$2 million for the Perinatal Substance Exposure Study.**
- **Federal Drug Medi-Cal matching funds provided \$8 million.**

## ***1993 - Progress and Building***

- **The federal Substance Abuse Prevention and Treatment (SAPT) Block Grant established the 10% Perinatal Set-Aside.**
- **The SAPT Block Grant guidelines established federal regulations for perinatal programs.**

## ***2003 - Progress and Building Continues***

- **Perinatal programs in California have grown from 24 in 1991 to more than 280 today.**
- **Today we serve over 37,000 women accompanied by more than 56,000 children.**



*What does the perinatal  
treatment population look like  
today?*

# *Admission Age, Race Ethnicity*

- **More than 80% are between the ages of 21 and 45 at admission.**
- **Whites represent 44% of the perinatal population followed by Hispanic (32%), and Black (17%).**
- **Methamphetamine is the primary drug used at admission.**

# *Age at First Use*

- **About 41% report their first use was between the ages of 13-16.**
- **About 27% report they were between 17 and 25 years old when they first used.**

# ***Education and Services Used***

- **About 81% report attending some high school or graduating from high school.**
- **About 53% report being eligible for Medi-Cal services.**
- **About 15% report that they receive CALWORKs services.**

*Thank you*

*California State Department of Alcohol and Drug  
Programs*



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